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| Name: smt. KRITIKA GUPTA | Reg No: 2-9SMMHC18 |
| Age / Sex:30/F | Contact No:8105518834 |
| Marital Status:ML-1.5 YEARS | Date:3/9/18 |
| Occupation:EDITOR ELI LILLY  QUAL: MASTERS IN BIOTECH | Dr. PJFP |
| Address:  NATIVE OF CALCULLTA. IN BLORE SINCE 2009. | DIAGNOSIS- |

1. ITCHY IN THE PUBIC AREA, LIPS AND CETRE JOINING AREA. ITCHES A LOT < WAKE UP , EVENINGS. > AT WORK NOT MUCH VERY RARELY, LUKEWARM WATER.

THIS 2016. COLOR ALSO BECAME BLACKISH. SWOLLEN PUBIS A BIT.

1. THE PERIOD FLOW HAS BECOME 3 DAYS AND NOT MUCH FLOW SINCE 6 TO 10 MONTHS. MONTHS. 3RD DAY ONE PAD THTS ALL. 5 DAYS EARLIER ALSO THAN BEFORE.
2. ACID REFLUX BEFORE MENSES. NOW OK BUT STILL THERE. SPASM , TIGHTEND IN THE ABDOMEN CENTRE AND GETS MOTION. WATERY MOTION. MUCUS AT THE END. TOOK SOME HOMOEO BUT BETTER NOT MUCH CHANGE.
3. CONDOM ALLERGY.
4. ALWAYS HAD CONSTIPATEED FEELING BUT LATELY BETTER.
5. 2 DEGREE BLOODY HAEMORRHOIDS SINCE 2007. HARD STOOLS. CONSTIPATED PASSES STOOL EVERYDAY BUT TAKES A LOT OF TIME TO COME OUT. SEMI SOLID. VERY RARE COMPACT NORMAL. SEMI LIQUID. GETS STUCK INBETWEEN TRIES TO MOVE AROUND IN THE BATHCROOM …. USE TO FORCE EARLIER BECAUSE HAD TO GO EVERYDAY. > WARM WATER.

LOSS OF APP WHENEVER THER IS STOMACH DISCOMFORT.

LOWER POTION OF THE FACE IS DRY AND RASHES DEVELOP AT TIMES.

IN THE RIGHT EAR COMES AS A PIMPLE ITCHY AND COMES OUT AS A FLAKE AND THEN IT COMES OUT.

PAST H/O:

* 5TH STD – JAUNDICE TOOK HOMOEO.
* PRAWNS HAD SOME IRITATION IN EYES IN CHILDHOOD.
* TOE NAIL INFECTION
* NAILS USE TO COME OUT – HOMOEO RX.
* NAILS ARE BRITTLE IN THE MIDDLE AND LITTLE OF LEFT HAND SLIGHTLY DISCOMFORT IS THERE. – IN 2007
* INGROWING HAIR IN THE THIGH. AN YEAR AGO.
* KNUCKLES ALWAYS BLACK.
* HAD THE DEO ON SKIN IN SCHOOL.

PERSONAL H/O:

* VERY LESS WATER. ….DOESNT FEEL THIRSTY.
* LOVE MARRIAGE… KNOWN HIM FR 8 YRS. LOT OF STRESS DURING CONVINCING.
* NOW GOOD.
* LIKES COLD MILK. HOT MILK IRRITATES STOMACH. AND DURING STOMCH COMPLAINTS DOESN HAVE MILK AT ALL AS IT AGGRAVATES.

HAS AMNY FRNS EXTROVERT BUT NO1 WHERE I CN SHARE THE TRUE FEELINGS.

RX:

1. ANT CRUD 1M/MEDORRHINUM1M – 4-4-4-4 REPEAT WEEKLY.,
2. SIL 12X 4-4-4-4.
3. RUB 15 – NIGHT 1 DOSE.
4. MAG PHOS1M/CHAMOMILLA1M/MERC COR1M – 4 PILLS SOS IN WATER MIX AND DRINK EVERY 3 HOURLY.

22/9/18: itching is same. Lot of boils. < get up in the morning, goin to be, throughout the day. Use to be better if taking bath but now even that is not helping. Motions better by 70%. Got the acid reflex twice. Lmp: 13/9/18.

Rx:

1. Sepia 1m/thuja1m/nat mur 1m – 4-0-4 alternate days. 1 dram pills.
2. thujaQ+ allium sativumQ+calendulaQ – 15 drps a/food,… - extravirgin coconut oil.
3. Nat mur 12x 4-4-4-4.
4. MAG PHOS1M/CHAMOMILLA1M/MERC COR1M – stomach pain… 4 PILLS SOS IN WATER MIX AND DRINK EVERY 3 HOURLY.

6/10/18: 85-95 days better. 5 days before period had small boils and then got her period. Mild itchiness. Not like before. Lmp: 4/10/18. Motion problem better. Eating out and still better. A day before periods a lil bit of irritation and slight mucus but its again fine. Alcohol after which she had blood in stools fr a week. Fresh blood.

Had eye allergy in kolkotha. When came to blore automatically healed. Even now when goes to kolkotha has this problem. Now feels more irritates her rather than allegies. Prefers going in winters. Water there has a very heavy iron content. Can see red sediments in the bucket.

1. Sepia 1m/thuja1m/nat mur 1m – 4-0-4 alternate days. 2 dram pills.
2. thujaQ+ allium sativumQ+calendulaQ – 15 drps a/food,… - extravirgin coconut oil.
3. Nat mur 12x 4-4-4-4.
4. MAG PHOS1M/CHAMOMILLA1M/MERC COR1M – stomach pain… 4 PILLS SOS IN WATER MIX AND DRINK EVERY 3 HOURLY.

11/11/18: had a lot of travel and change of food could not take the med also on time … so its bad . evenings and mornings are worse. Morning feels nothing.

Rx:

1. sepia 200- 4-0-4
2. Staphysagria 200 / nat mur 200 – 4-4-4
3. Ignatia1m – 1 dose.
4. Rub 15 – 1 dose night b/food.
5. Ferr phos 6x 4-4-4-4
6. Thyroidinum 6x 2-0-2 b/food.

24/11/18: before getting periods getting that abd pain took sos n better now. Lmp: 21/11/18. And year and half ago had lots of med frm a trichlogist. Flow has reduced.

Rx:

1. Kreosote1m /sepia1m/thuja200– 4-4-4-4
2. Thyr 6x 2-0-2
3. Syphilinum1m – 7 doses – alt.days mng b/food.
4. Sl doses 1 dose night b/food 15 days.
5. ArnQ+acid phosQ- 20 ml in 200ml oil.apply hair.

18/12/18: hairfall not much change better in texture and. Feeling better after sore throat. Took homarus and zingiber then. Lmp: 16/12/18.

Rx:

1. Tarantula cub 200 – 7 doses – 3 days once in water. Mng b/food.
2. Sl doses – 1-0-1- b/food. 42
3. Pl pills 4-0-4

12/1/19: better than before. But the arch area is the same. Not as bad as before. Hairfall same. Lmp: 7/1/19 flow better. Getting better with desire now. Lost app. Little fills me up.

Rx:

1. Tarent cub 1m – 5 doses – 3 days once b/food \
2. Rub 1 tab – mng – 15 tabs.
3. Thyr 3x 2-2-2 a/food.
4. Disc – 4-4-4-4.

19/2/19: itchiness more in the groin also. Extended part of the lips and groin region. Dry and rough. Big boils. Lmp: 28/1/19. Boils would hurt burning due to itchiness. Hairfall is better than last month. Not yet planning for kids. Not on pill..

Rx:

1. Merc sol 1m – 7 doses mng b/food.
2. Tarent cub 200/sulphur1m- 4-4-4-4 for 4 days 2 dram pills alternate weeks
3. Rub 15 – 1 tab night b/food.

6/3/19: boils better. All other complaints are same. Always crawling sensation in that region. Desire no change. stomach pain after the periods its increasing. Lmp:

Rx:

1. Tarentula cub 1m/ sulphur1m – 4-4-4-4 fr 3 days weekly.
2. Mag carb 200 – 4-0-4 a/food.
3. MAG PHOS1M/CHAMOMILLA1M/MERC COR1M – stomach pain… 4 PILLS SOS IN WATER MIX AND DRINK EVERY 3 HOURLY.
4. Rub 15 – 1 tab night a/food water

28/3/19: itching is much better. Mng and evening itch is there in the nights too. 2-3 new boils have come. Lmp: 18/3/19. Last week noticed swelling and slight cramps on calf muscles. Keeping pillow under the limbs better. Stomach complaints better. Hairfall same. Red moles more increasing on the body.

FAMILY H/O:

* MOM: DM,
* MGM: DM,
* MGF: PROSTATE CA
* PGM: BP
* PGM: PILES AND DIGESTIVE ISSUES.
* FATHER: DIGESTIVE ISSUES. BOILS AND ITCHINESS IN GENITALS.
* M AUNTS: BALD.

Rx:

1. Tarentula cub 1m/ sulphur1m/carcinosin1m– 4-4-4-4 fr 4 days weekly.3 dram
2. Merc iod 200/bell200 – 4-4-4-4 2 dram pills. water.
3. Mag phos 30 x 4-4-4-4.
4. MEDO 10M/THUJA 10M – 3 DOSES 1 DAY 1-1-1 B/FOOD.
5. ECHNICEAQ – 30 DROPS SIT BATHS TWICE A DAY.

START THE REST OF THE MEDICINES AFTER 3 DAYS.

r/a 20 days.

27/4/19: felt better a lot 80%. 3rd day of the period gt itching on th pubic area and groin. Until today again it has increased and very bad and whole day scratching. No boils .only in the arch area less boils almost pricky and dry. Digestive troubles are better. During periods found acid reflex. scanty period. lmp: 10/04/19. Hairfall reduced. Desires better than before. Pms increased.

Rx:

1. Aconite 1m – 4-4-4-4 1st week.
2. Calc phos 1m /tarent cub1m/carc1m – 4-4-4-4 weekly for 4 days. 1 dram. 2nd week.
3. Lyco 200- 3rd week – 4-4-4-4. 1 dram
4. Ignatia 10m – 1 dose.
5. Ech Q – 20-0-20 – for sit baths.
6. Cantharis Q/echneciea Q – mix 15ml in 100 ml oil coconut oil and keep applying to the affected area.

15/5/19: SCRATCHING HAS INCREASED A LOT. SWOLLEN PUBIS. 3 BOILS BUT NT INTENSE AS BEFORE. LMP: 3/5/19 BETTER . ACID REFLUX AGAIN. NO SLEEP. DREAMS LIKE WITCHCRAFT SMTHNG IS HAPPENING COLORS CHANGING TRADITIONAL STUFF LEMON, BUS IS HITTING SMTNG INAUSPICIOUS. WEATHER CHANGE THERE IS CONSTANT HEAVINESS. DON’T FEEL FRESH. TIRED.

1. LACHESIS 200 – 4-4-4-4
2. MERC IOD200 / APIS 200 – 4-0-4 DISC
3. SYPHILINUM1M – 2 DOSES WEEKLY.

1/6/19: BOILS BIGGER. LMP: 27/5/19. SINCE AFTERNOON BLOATED FEELING. BOWEL IS NT CLEAR ENOUGH. BEFOR AND AFTER CYCLE ALWAYS A STOMACH UPSET EITHER LOOSE MOTION .RECC ERUPTIONS NW EVEN ON STOMACH AND ON THE BACK. TUMMY IS REALLY TIGHT AND BLOATED. BURPS. EASE PAIN BUT AGAIN COMES BACK. SLEEP IS BETTER. COLD WATER AMEL. UNABLE TO TAKE EVEN LUKE WARM WATER. DOESN’T

RX:

1. CALADIUM 1M DISC 4-0-4
2. SILICEA 200 – 4-4-4-4
3. TUB 1M – 3 DOSES 5 DAYS ONCE. B.BRUSH WATER.
4. CARBO VEG 30/NAT PHOS 200 – DISC 4-0-4